

what's up walk-in®

Feeling stressed, angry or sad?
Having trouble with friends or family?

Worried about your baby, child or teen?
Think you might need help?
Want to talk to a counsellor?

what's up walk-in clinic is a free child and youth mental health counselling service. We can help with things like anxiety, depression, sleeping or eating problems, bullying, sexual identity, managing anger, feeling alone... or anything else that's on your mind. We also welcome parents or caregivers who are worried about their baby's or young child's development, behavior, or routines.

- We serve up to age 29 and younger
- No health card needed
- No appointment needed
- No fees
- Immediate and barrier free

📍 Located: 1200 Markham Road, Suite 200, Scarborough



Call 416-438-3697 or e-mail emys@emys.on.ca
for more information, or visit www.emys.on.ca



2018 HOURS!

Monday: 2 – 8pm (last appointment 6:30pm)
Tuesday: 2 – 8pm (last appointment 6:30pm)
Wednesday: 2 – 8pm (last appointment 6:30pm)
Thursday: 2 – 8pm (last appointment 6:30pm)
Friday: 10am – 5pm (last appointment 3:30pm)
Saturday: 10am - 2pm (last appointment 12:30pm)



6 locations around
Toronto to serve you.

Find the location nearest you at
whatsupwalkin.ca/service-providers

