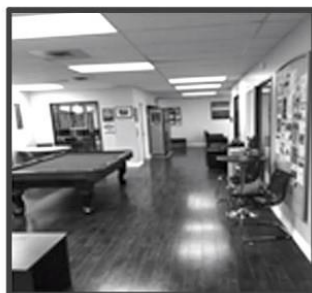


## The Zone

A Youth Space created in partnership with the City of Toronto & East Metro Youth Services. It's a place for youth to Create, Connect, Learn and Inspire.

The Zone has been equipped with amenities including wi-fi, PS4, a pool table, foosball table, computer lab, recording studio, and a photography lab.

Free programs are available for youth ages 12-24.



Visit us at:

**1200 Markham Rd. room 313  
Scarborough, ON**



For more information or to register,  
please contact Kim Alexander at:

Tel: (416)-438-3697 x13272

or

Email: [Kim.Alexander@toronto.ca](mailto:Kim.Alexander@toronto.ca)

 **TORONTO**



# Youth Summer Programs

at **THE  
ZONE**



## **Right to Play** (ages 14-18)

Mondays 1:00—2:30pm

An opportunity for newcomer youth to be introduced to the fundamentals of leadership.

## **Just Us Girls** (ages 15-18)

Mondays 2:30—4:00pm

Each week, girls come together to discuss and share topics on issues & barriers faced by female youth.

## **Newcomers Program** (ages 12-21)

Mon., Tue., Wed., Thurs. 1:00—4:00pm

This program provides mental health, social skills, leadership and mentorship training to help newcomer youth with settling in Canada.

## **Aboriginal Program** (ages 14-18)

Tuesdays 1:00—2:30pm

Wide selection of programs for aboriginal youth.

## **Just Us Girls** (ages 12-14)

Tuesdays 2:30—4:00pm

Each week, girls come together to discuss and share topics on issues & barriers faced by female youth.



# Youth Programs

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## **Art in the Zone** (ages 14-18)

Wednesdays 1:00—2:30pm

Youth will have the opportunity to learn visual art techniques and work with various mediums.

## **Work for the City** (ages 14-18)

Wednesdays 2:30—4:00pm

Youth learn leadership skills, preparing them for part-time employment with the City of Toronto.

## **A.M.P.E.D Arts** (ages 14-24)

Wednesdays 6:00—8:00pm

Aspiring artists will be led through an 8 week course which will teach them to become professional music artists.

## **Tour the 6** (ages 12-14)

Thursdays 1:00—6:00pm

Youth will have the opportunity to visit historic sites in and around the 6.

## **The New Mentality** (ages 13-25)

Every other Thursday 3:30—4:30pm

Starting June 18th. Become a leader in your community by creating events and projects. Be a face of change for mental health.

## **East Qrew** (ages 12-24)

Thursdays 5:00—8:00pm

Safe space for those who identify as LGBTQ to interact in various activities.

## **DIY** (ages 14-18)

Fridays 1:00—2:30pm

Youth get the opportunity to try a variety of do-it-yourself projects every week.

## **Eating Healthy** (ages 12-14)

Fridays 2:30—4:00pm

Youth will learn healthy eating choices and learn how to eat healthy on a budget.



## **Drop-In** (ages 14-19)

Mon., Wed., Fri. 4:00—6:00pm

A safe space for youth to connect, create, inspire and learn through various activities. Free snacks are provided.