








'what's up' walk-in Counselling Services

1200 Markham Road Suite 200, Scarborough ON, M1H 3C3

Monday Walk-In Hours: 2-8pm (last session 7pm)	Tuesday Walk-In Hours: 10am-5pm (last session 4pm)	Wednesday Walk-In Hours: 2-8pm (last session 7pm)	Thursday Walk-In Hours: 2-8pm (last session 7pm)	Friday Walk-In Hours: 10am-5pm (last session 4pm)	Saturday Walk-In Hours: 10am-2pm (last session 1pm)	Additional Services
<p>Youth Outreach Worker 2-8pm (last session 7pm)</p> <p>Youth Grief and Loss Group (on select Mondays 5:30-7:30pm)</p>  <p>BFO-Toronto</p>	<p>Surrey Place 2-5pm (last session 4pm)</p>  <p>Canadian Mental Health Association 2-5pm (last session 4pm)</p> 	<p>Mandarin & Cantonese Language Service 5-8pm (last session 7pm)</p>	<p>East Qrew Group</p>  <p>5-7pm</p> <p>Dari/Farsi Language Service 1st Thursday of month 4-8pm (last session 7pm)</p> <p>Last Thursday of month 2-5pm (last session 4pm)</p> <p>Tagalog Language Service 1st Thursday of month 2pm-5pm (last session 4pm)</p> <p>3rd Thursday of month 4pm-8pm (last session 7pm)</p> <p>LGBTQ Support 2nd and 4th Thursday of the month 2-5pm (last session 4pm)</p>	<p>Springboard On select Fridays 12-5pm (last session 4pm)</p>  <p>springboard <small>CONNECT. INSPIRE. ACHIEVE.</small></p>	<p>Mandarin & Cantonese Language Service 10am-2pm (last session 1pm)</p>	<p>For information on 'what's up' walk-in contact 416-438-3697</p> <p>For Mandarin & Cantonese walk-in services these can be booked by apt through Miranda Cheung at ext. 406</p> <p>For Tagalog walk-in services call Venice Corcuera at 416-438-3697 Ext. 253.</p> <p>For Dari & Farsi walk-in services please call to book an appointment at ext. 389</p> <p>For more information on East Qrew please contact Anna at ext. 405</p> <p>To meet with a counselling staff from the LGBTQ community please call ext. 405</p>