



Bereaved Families of Ontario-Toronto



Lost a loved one to a homicide, suicide or natural causes?

Are you feeling isolated and alone with your grief?

Need to talk?

We can help!

'what's up' walk-in and Bereaved Families of Ontario-Toronto offers a FREE bereavement service for youth and young adults ages 12–24 who are grieving a homicide, suicide or death due to natural causes.

- Peer support
- Compassion and respect
- Confidential
- A safe place to talk openly about your feelings
- Help to cope with your loss

You can just drop-in. No appointments necessary!

WHERE: East Metro Youth Services, 1200 Markham Road, Suite 200, Scarborough

WHEN: Tuesdays, 5:00 p.m. – 7:00 p.m.
⇒ April 29, 2014: 12-15 years old
⇒ May 6, 2014: 16-24 years-old
⇒ May 27, 2014: 12-15 years-old
⇒ June 3, 2014: 16-24 years-old
⇒ June 24, 2014: 12-15 years-old
⇒ July 8, 2014: 16-24 years old

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